

CITY OF MAYER
Mayer Senior Commission
For A Lifetime
Meeting Minutes
Monday
January 12, 2015
10:00 AM

Members Present: Judi Edholm, Al Edholm, Kaye Timmers, Susan Ziermann, Janet Vierling and Gerry Thomas, Council Liaison.

Members Absent: None

Others Present: Vina Marquart, Carver County Public Health and Environment.

Staff Present: Luayn Ruch-Hammond, City Administrator

The meeting was called to order by Chair Edholm at 10:00 AM.

AGENDA

On a motion by Kaye Timmers and seconded by Al Edholm to approve the agenda with two additions election of officers and attendance policy. Motion carried 5/0.

MINUTES

On a motion by Susan Ziermann and seconded by Janet Vierling to approve the minutes of October 6, 2014 meeting. Motion carried 5/0.

Election of Officers

A motion was made by Kaye Timmers and seconded by Janet Vierling for Judi Edholm as Chair, Al Edholm as Vice-Chair and Luayn Ruch-Hammond as Secretary/Treasurer. Motion carried 5/0.

Review of By Laws

Kaye Timmers brought forward a newspaper article about the use of words and how words that address aging have changed. "Terms such as "seniors" and "older adults" are clunky and inexact." The Commission discussed the use of Senior in the title of the Commission. After some discussion a motion was made by Al Edholm and seconded by Janet Vierling to delete the word Senior from the title of the commission. Motion carried 5/0.

The Commission reviewed the By-Laws and decided that in the bylaws now because of the name change other descriptions needed to change. Also, the following changes were made.

H. The Commission will serve without compensation.

The Mayer Commission on Aging shall consist of a maximum of 7 voting members, who are at least 45 years of age. On a motion by Janet Vierling and seconded by Kaye Timmers to make the changes to the By Laws.

Review of Strategic Plan and Senior Policy Plan 2014 Goals

The Commission reviewed the 2013 Strategic Plan, Senior Policy Plan documents and the 2014 Goals in order to assist them in setting the 2015 goals.

The following 2014 goals were reviewed. The Commission met all of their 2014 goals.

	Goal	Objective	Action Steps 2014
1.	Promote Car Fit	Raise Community awareness of safe driving practices	Advertise and sponsor a CarFit Program in Mayer
2.	Drug Take Back	Coordinate with Carver County Sheriff a day to provide drug take back	Drug take back day in Mayer
3.	Provide Information on Senior Resources	Provide information for available resources	Information available at the MFD Fish Fry 4/6/14
4.	Establish a relationship with the Mayer's Town Cop	Have conversations with Mayer Town Cop about seniors and issues	Review number of contacts
5.	Assist seniors in need in Mayer	Identify issues and topics of concern that affect the seniors in Mayer.	Compile a plan to address concerns

Establish 2015 Goals

After review of the documents and the 2014 goals the Commission established the following 2015 goals. On a motion by Al Edholm and seconded by Susan Ziermann to approve the following goals for 2015.

	Goal	Objective	Action Steps 2015
1.	Promote Car Fit	Raise Community awareness of safe driving practices	Advertise and sponsor a CarFit Program in Mayer
2.	Drug Take Back	Coordinate with Carver County Sheriff a day to provide drug take back	Drug take back day in Mayer
3.	Provide Information on Senior Resources	Provide information for available resources	Information available at the MFD Fish Fry 4/5/15
4.	Continue to strengthen relationship with the Mayer's Town Cop	Have conversations with Mayer Town Cop about seniors and issues. Town Cop to coordinate with Susan Ziermann to make a presentation at the Monday Potluck	Attend one of the potlucks.
5.	Collaborate with Zion Church	Have a contact at Zion Lutheran Church	Identify areas of need for seniors.
6.	Promote NAPS	Collaborate with Zion Church to identify seniors who would and could use NAPS.	Sign up Seniors to use NAPS

Carver County Updates – Vina Marquardt

Vina shared the upcoming 2015 dates for the FARE For All. She shared information on the Caregiver support Group that is being held on January 12, 2015 from 5:00- 6:00 pm at the Adult Day Services in Waconia. Vina shared the new handout for the Drug Take Back and explained that the Sheriff's Department will be posting the information at the local pharmacies.

WE Cab Program is a volunteer based transportation program that is coordinated through a call center. Currently servicing eastern Carver County but wants to expand into western Carver County.

Senior Expo will be held at the Chaska Community Center on April 23, 2015. Keynote speaker will be on dementia and Alzheimer's and how that affects people.

Carver County will be promoting Act on Alzheimer's.

TRIAD meeting will be held on Wednesday, February 11, 2015.

APS which is a nutritional program serving adults has now expanded to Watertown. Commission would like to partner with the Church to find out if they would assist in sponsoring it in Mayer.

Carver County has hired a replacement for Lenny her name is Jennifer Anderson she is in the process of moving into the role and will be at a future meeting.

Policy on Attendance

Staff shared the attendance policy with the Commission.

Next Meeting

The next meeting will be February 2, 2015 at 10:00 AM.

Adjournment

On a motion by Al Edholm and seconded by Janet Vierling to adjourn the meeting at 11:07 AM. Motion carried 5/0.